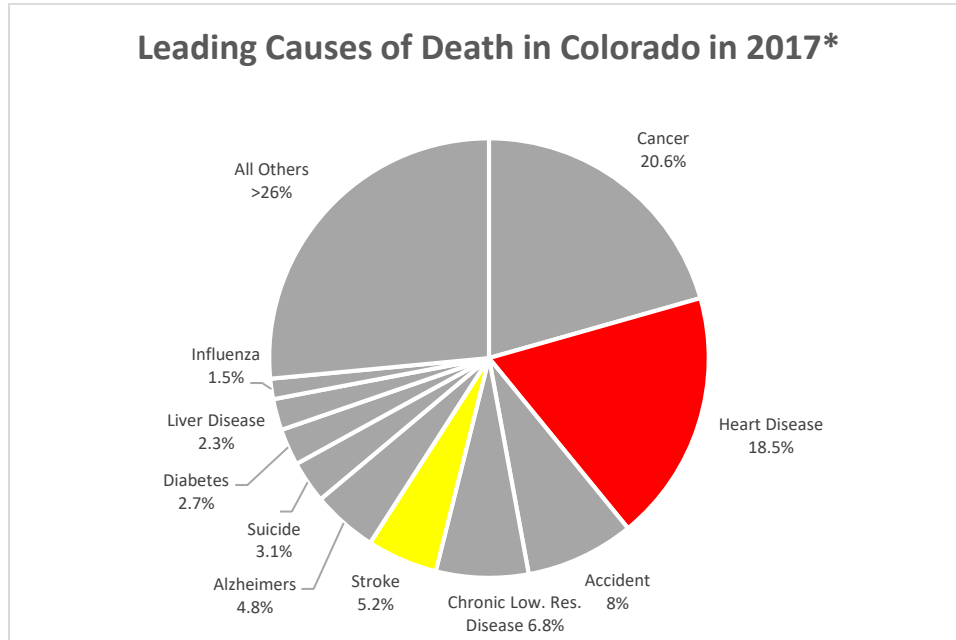




# Colorado State Fact Sheet



**Colorado has the 3<sup>rd</sup> lowest death rate from cardiovascular disease in the country.\*\***

- Heart disease is the no. 2 killer in Colorado\*
- 7,060 people in Colorado died of heart disease in 2017\*
- Stroke is the no. 5 killer in Colorado\*
- 1,988 in Colorado died of stroke in 2017\*

### Heart Disease and Stroke Risk Factors in Colorado\*\*\*

|   | <b>Colorado</b> | <b>US</b> |
|---|-----------------|-----------|
| Adults who are current smokers  | 14.6%           | 17.1%     |
| Adults who participate in 150+ min of aerobic physical activity per week  | 58.7%           | 50.6%     |
| Adults who are overweight or obese+                                       | 58.7%           | 66.6%     |
| Adults who have been told that they have had a heart attack               | 2.8%            | 4.2%      |
| Adults who have been told that they have had a stroke                     | 2.2%            | 3%        |
| Adults who have been told that they have angina or coronary heart disease | 2.7%            | 3.9%      |
| Population of adults (18-64) who have some kind of health care coverage   | 89%             | 89.5%     |
| High school Students who are obese++                                      | 9.5%            | 14.8%     |
| Percentage of population covered by Medicaid/Chip+++                      | 16%             | 19%       |

\* Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.  
 ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."  
 \*\* List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.  
 \*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.  
 + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.  
 ++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017  
 +++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016